

**Middlesex London Paramedic Service  
and London Health Sciences Centre  
Ambulance Destination Policy**

**PREGNANT PATIENTS BEING TRANSPORTED TO A LONDON HOSPITAL**

**BACKGROUND**

Hospital based Obstetrical care is only provided at Victoria Hospital (LHSC). Alternatively, patients may decide on a home birth with the assistance of a Midwife. The purpose of this policy is to assist paramedics to determine the most appropriate destination for a patient in labour, or with pregnancy complications.

**INCLUSIONS**

- Any patient who is equal to or greater than 20 weeks gestation with any complaint, including complaints not related to pregnancy, including headache, chest pain, shortness of breath, soft neurological issues, abdominal pain, leg pain/swelling, etc
- Patients less than 20 weeks with a pregnancy related problem are to be transported directly to LHSC Victoria Emergency Department.
- Patients who are up to 6 weeks post-partum are to be transported directly to LHSC Victoria Emergency Department.

**EXCLUSIONS**

- CTAS level 1
- Trauma (ie. MVC, Falls)
- Obvious orthopedic injury (ie. Fracture to extremity)

**PROTOCOL**

1. Pregnancy greater than or equal to 20 weeks gestational age - proceed to Victoria Hospital LHSC Obstetrical Triage B4.
2. Pregnancy less than 20 weeks gestational age with a pregnancy related problem – proceed to Victoria Hospital LHSC Emergency Department.
3. Patients who are post-partum with post-partum complications will be transported to Victoria Hospital LHSC Emergency Department.

If delivery has occurred and BOTH mother and newborn are well, proceed to Victoria Hospital LHSC Obstetrical Triage. If either patient becomes unstable, they should be transported to LHSC Victoria Emergency Department, while the other patient is taken to OB triage.

**COUNTY PATIENTS**

- Pregnant patients in the County of Middlesex, presenting with a complaint related to their pregnancy should be transported to Strathroy Hospital ED.



---

Neal Roberts  
Chief  
Middlesex-London  
Paramedic Service

Date: DEC 16/22

---

Dr. Tracey Crumley  
Chair Chief,  
Obstetrics and Gynecology  
London Health Sciences Centre

Date: \_\_\_\_\_

---

Dr. Jackie Schleifer Taylor  
President and CEO  
London Health Sciences  
Centre

Date: \_\_\_\_\_