

Crisis Mobile Team

When Not to Call

Apprehension under MHA Section 17 is required and no other options appropriate (take to LHSC for assessment)

When heavily under the influence of a substance and does not demonstrate the cognitive ability to actively participate in crisis intervention (consider Centre of Hope for withdrawal management)

Individual requires medical clearance.



CMHA Middlesex

**Crisis
Services**

519-433-2023 or 1-866-933-2023

Crisis Mobile Team

When to Call

- Individual is located within the City of London
- Expressing suicidal ideation, homicidal ideation or having difficulty caring for self
- Engaging in self harming behaviour (i.e. cutting) but does not require medical intervention
- Emotionally upset/in crisis
- Mental health symptoms - depression, agitation, hearing voices, mood swings
- Under the influence of substances and experiencing a mental health crisis.

If needing Crisis Mobile Team, please contact EMS Dispatch. If Mobile is unavailable and volunteer telephone support is suitable, please call 519-433-2023.